

# **A NEW APPROACH TO THE TREATMENT OF OSTEOARTHRITIS OF THE KNEE: PROLOTHERAPY OF THE IPSILATERAL SACROILIAC LIGAMENTS**

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## **ABSTRACT**

This is a preliminary report on a new a treatment of osteoarthritis(OA) of the kne OA of the knee, having no history of signifi inflammatory arthritis, were examined 1 sacroiliac joint (SIJ) ligament laxity and SIJ. Sixteen patients meeting these criteria we ligament prolotherapy of the SIJ ligaments in knee pain was noted in 15 of 16 patients. In significant loss of range of motion and eff improvement occurred in 7. Further idea evaluations are outlined.

## **INTRODUCTION**

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## **ABSTRACT**

This is a preliminary report on a new approach to the treatment of osteoarthritis(OA) of the knee. Patients with OA of the knee, having no history of significant injury nor inflammatory arthritis, were examined for evidence of sacroiliac joint (SIJ) ligament laxity and SIJ malalignment. Sixteen patients meeting these criteria were treated with ligament prolotherapy of the SIJ ligaments. Improvement in knee pain was noted in 15 of 16 patients. In the 8 cases with significant loss of range of motion and effusion, objective improvement occurred in 7. Further ideas on additional evaluations are outlined.